

SEPTEMBER 2024 – JULY 2025

LEAP

Muslim Professional
Development Programme



Charity Partner:
Islamic Relief UK



The Aim



To provide **spiritual sustenance** for individuals working in corporate and professional settings.

As Muslims, we have a duty to ensure that we live our lives for the sake of Allah (SWT), be it in our homes, our places of work, or within our communities. Finding the right balance becomes increasingly challenging when we embark on our professional careers, particularly in a corporate setting.

To be equipped to take on this challenge requires us to be on a journey of continuous spiritual and intellectual development.

Furthermore, we should actively seek opportunities and benefit society through our professional roles whilst prioritising personal growth and development. However, balancing work and personal life can be challenging, especially in corporate environments.

Establishing boundaries, allocating time for worship, family, and self-care, and seeking guidance are essential. Ultimately, by maintaining sincere intentions and viewing our work as a means of worship, we can navigate the challenges of the professional space while fulfilling our duty to Allah (SWT) and contributing positively to our communities.

The Prophet Muhammad (PBUH) stipulated that the pursuit of knowledge is a form of worship, and said "Whoever treads a path in search of knowledge, Allah (SWT) will make easy for him the path to Paradise."

Muslim

The Objective

A faith inspired development programme supporting Muslims employed in the corporate sector, draw closer to Allah through knowledge-based workshops, development of life skills, experiential learning and adventure.

Leap is not simply a learning programme, rather, through the close engagement of learned scholars, academics and thinkers, it promotes critical thinking and prioritises living life with a higher purpose, by delivering unique spiritual retreat events. Participants will also have a further opportunity to visit the beautiful land of Bosnia to learn and grow with fellow participants of the programme.

Who is this for?

This programme is for individuals that wish to renew their desire to learn about Islam, receive an overview of the Islamic sciences, and explore everyday modern issues affecting Muslims that wish to practise their faith. Regardless of your background, educational level, or level of religiosity, we welcome everyone with open arms and want you to join this programme as you are.

What's on offer?

The programme will have three key components:

Challenges

Trek mount Snowdonia and spend a day outdoors witnessing the greatness of Allah's blessings, spending quality time with your fellow participants, whilst challenging yourself to climb the tallest mountain in England.

Spend five days in Bosnia and Herzegovina, visiting the project that you will be fundraising for, as well as a unique visit to Srebrenica to learn about the tragic genocide, visiting the old town to the renowned bridge on Mostar. In addition to this, you will also have opportunities to engage in activities like white water rafting to further sightseeing. There will also be a scholar joining us on this trip, so you'll be able to take huge benefit by spending precious time in his company.

The only cost of this particular challenge is the cost of the flight, the rest of the in-country expenses will be covered by Islamic Relief UK, and there will be a minimum fundraising target.

Spiritual Retreat

Spend invaluable time with learned scholars in a life-changing weekend with, spiritual reminders, outdoors activities and workshops, exploring setting priorities and renewing your purpose in life.

Regular Sessions

Fortnightly learning sessions will be delivered by our instructors, with breaks during Ramadan, providing an overview on each of the subjects. Further reading lists and more in-depth videos will be provided on the subject matters, with an online support group to further discuss subject areas, providing an opportunity to ask questions with the subject specialist and scholars.

We will be providing discount codes to our educational partners that provide part-time or full time courses on the subject area, with more in-depth analysis.

If you are unable to attend a particular session, it will be recorded for later viewing, however, we highly encourage attendance in person for each of the sessions to achieve maximum benefit from the programme.

The location of the programme will be in central London, exact details will be confirmed closer to the time.



Schedule

11 Sept 2024
Induction

- Learn about the programme
- Meet participants and organisers
- Seek clarification of the programme

25 Sept 2024
*Sciences of
the Quran*

- Introduction to compilation and preservation of the Quran
- Introduction to themes and messaging of the Quran

09 Oct 2024
*Sciences of
the Hadiths*

- Introduction to Hadiths
- Hadith definition, categorisation and chains

25 - 27 Oct 2024
*Prophetic Leadership
Retreat*

- Definition of leadership in Islam
- Purpose and responsibilities
- Developing exemplary leadership
- Qualities and values of leadership
- Discussing everyday leadership

06 Nov 2024
Aqidah (Creed)

- Introduction and learning of the article of faiths

20 Nov 2024
Maqasid of Shariah

- Introduction to Shariah
- Developing a better understanding of faith and purpose

04 Dec 2024
*Usul al-Fiqh (Principles
of Jurisprudence)*

- Introduction to how rules and law are derived in Islam

18 Dec 2024
Life of the Prophets

- Introduction to the life of the Prophet (PBUH) and the Seerah

08 Jan 2025
*Highlights from the life
of the Prophet (PBUH)*

- Learning key significant events
- Learning and applying life lessons from the Seerah

22 Jan 2025 <i>Network and Reflections</i>	<ul style="list-style-type: none"> • Quiz and assessment of learnings • Network, food and socials
05 Feb 2025 <i>Purification and Prayer</i>	<ul style="list-style-type: none"> • Learning about purification, rituals, and focus in prayer
19 Feb 2025 <i>In The Early Hours (Tasawwuf)</i>	<ul style="list-style-type: none"> • Introduction to supplication for beginning and ending of your day • Strengthening your spiritual pillars
08 Mar 2025 <i>The Iftar Event</i>	<ul style="list-style-type: none"> • Coming together to break the fast with the Faith Inspire family
12 Apr 2025 <i>Snowdonia Mountain Challenge</i>	<ul style="list-style-type: none"> • Spend a day with the physical challenge of climbing the highest mountain in England
23 Apr 2025 <i>The Four Rightly Guided Caliphs</i>	<ul style="list-style-type: none"> • Life stories of the four greatest companions of our Prophet Muhammad (PBUH), their lives and impact
07 May 2025 <i>The Companions</i>	<ul style="list-style-type: none"> • Learn about the key companions of the Prophet (PBUH), their lives, and impact
21 May 2025 <i>Islamic History</i>	<ul style="list-style-type: none"> • From the golden generation to the Ottoman Sultan
04 June 2025 <i>British Muslim</i>	<ul style="list-style-type: none"> • Tackle issues impacting British Muslims today • How to navigate life's challenges
18 June 2025 <i>Balance, Priorities & Da'wah - The Productive Muslim</i>	<ul style="list-style-type: none"> • Being a citizen of a balanced nation • Managing priorities
09 - 13 Jul 2025 <i>Bosnia International Challenge</i>	<ul style="list-style-type: none"> • Work together on a legacy project • Explore some unique history and enjoy an adventure of a lifetime
23 July 2025 <i>Review & Celebration</i>	<ul style="list-style-type: none"> • Reflection on the programme • Celebrate with food

Expectations:

- Sessions delivered by learned scholars and facilitators
- Welcome pack including stationery and goody bag
- Access to a new network of scholars and participants
- Discount codes to further study and courses delivered by our educational partners
- Educational courses from our partners
- Spiritual retreat with accommodation, food and activities
- Trek to Mount Snowdonia, Wales, including coach travel and trek guides
- International Bosnia trip with activities, and sight-seeing tours
- Merchandise for the challenge, from t-shirts to hoodies
- Certificates and a celebration dinner
- Access to Islamic Relief UK events, that include dinners, challenges and more

Celebration and Certificates:

We are in the process of looking at accrediting this programme, and will keep you updated on this. We will provide a certificate at the end of the programme to celebrate the achievement and dedication demonstrated by the participants. There will be end of programme assessments, which will be in either oral or written form, to ensure the required level of learning has taken place. Certificates will be provided to those participants with attendance of 80% or more only.

Cost Of The Programme:

The cost of the programme is only £200; this significantly subsidised fee is only made possible due to the sponsorship of our partners, as you can estimate the actual costs involved that would include the facilitators' fee, venue hire, coaches, residential centre, Bosnia in-country expenses and more.

We want to make this programme accessible to everyone in the professional setting, but also understand that there are those that may be affected by the cost of living crisis, so if you do require a bursary, we may consider this on a case by case basis.



What Happens On Completion Of The Programme?

Upon completion of the programme, we highly encourage taking up part-time courses with the educational partner to further develop your Islamic understanding.

In addition to this, we foresee the following opportunities for all participants of the programme:

- Opportunity to mentor young people from Faith Inspire's young leadership programmes.
- Be leaders for the new/next cohorts, and a facilitator and a Faith Inspire member.
- Volunteer with Islamic Relief taking part in supporting food drives in the UK and other national and international challenges.
- An Alumni network to keep up to date with unique opportunities to continue on this spiritual journey.

The Next Steps

Register now for the course online: FaithInspire.org/LEAP which will provide you with additional information and an FAQ section.

Please note that there are limited places on the programme, so we will be holding a ten-minute conversation on the phone with each applicant to determine the commitment level and this will also serve as an opportunity for you to ask us any further questions that you might have.

The team will then be in touch and email over confirmation of your place on the programme, location of the sessions, etc.





www.faithinspire.org/LEAP

If you have any further follow up questions, you can contact a member of the team directly, via email or phone:

Email: faithinspireyouth@gmail.com

Phone: +44 7930 396639